



**ADVANCED**  
PRIMARY CARE

EATING FOR ENERGY & HEALTH WITH SAMARA



**SAMARA FELESKY-HUNT**

**REGISTERED DIETITIAN & NUTRITIONIST**

MEAL PLANNING, WEIGHT MANAGEMENT,  
MINDFUL EATING, DIABETIC DIET,  
PERSONALIZED NUTRITION PROGRAM,  
SPORTS NUTRITION, GUT AND DIGESTIVE  
HEALTH AND MANY MORE!

**AVAILABLE IN-CLINIC ON MONDAYS FROM 9-3 OR VIRTUAL**

**[WWW.ADVANCEDPRIMARYCARE.CA](http://WWW.ADVANCEDPRIMARYCARE.CA)**